





### **External Design Constraints**



#### Task

- Flight
- Locomotion
- Manipulation
- Medical

#### Scale

- um (Micro robots)
- mm
- cm
- dm
- m (Elephant-like)

#### **Environment**

- Air
  - Low density
  - Gusts of wind
- On ground
  - Power density
  - Rough terrain
- Water
  - Watertightness
  - Density of water
- On or inside a living being
  - Small size
  - Compatibility



## Dexterous manipulation task at dm-scale in air or on ground



Swift coordination



Multi-tasking



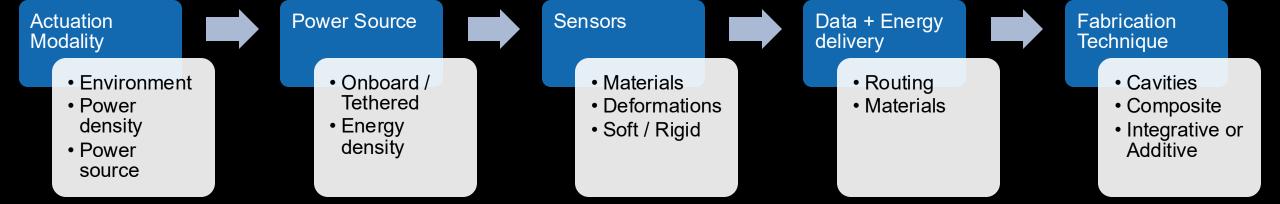
Fast chopping





### **Internal Design Constraints**





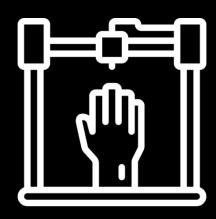


### Example Design Constraints for a Robotic Gripper









### **Anthropomorphic**

- Proportions
- Trajectories
- Proprioception

#### Robust

- Durable
- Strong
- Reliable

#### **Low-Cost Fabrication**

- Reduced number of parts
- 3D Printable
- Simple injection-molding
- Off-the shelf components

Image sources from left to right:

https://ceti.one/wp-content/uploads/2018/09/human-hand\_960.png https://thenounproject.com/icon/construction-3997459/ https://thenounproject.com/icon/3d-hand-print-3511765/



### Example: Actuation Modality for a Robotic Gripper





### At joint

- Inflating bellows introduce bending motion
- Highly integrated
- Intrinsic compliance
- Bulky



### Away from joint

- Move joint with tendons
- Modularity
- Shown to be stronger
- More anthropomorphic

<sup>3.</sup> Tavakoli, M., Batista, R., & Sgrigna, L. (2016). The UC softhand: Light weight adaptive bionic hand with a compact twisted string actuation system. Actuators, 5(1). https://doi.org/10.3390/ACT5010001



<sup>1.</sup> Images source (from left to right):

<sup>2.</sup> https://cdn0.tnwcdn.com/wp-content/blogs.dir/1/files/2017/10/SoftRobotics Picking Tomato.ipg

# Simple Linkage Designs



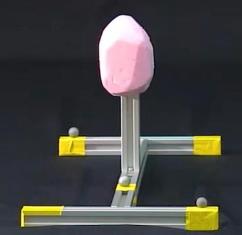


- 1. <a href="https://www.bostondynamics.com/products/spot/arm">https://www.bostondynamics.com/products/spot/arm</a>
- 2. https://www.businesswire.com/news/home/20200305005216/en/Dexai-Robotics-Amounces-Oversubscribed-Funding-Round-to-Launch-Alfred-a-Robotic-Sous-chef
- 3. https://everydayrobots.com/technology



### Two-fingered Soft Gripper in Air







### Commercial Gripper Choices: Robust or Dexterous





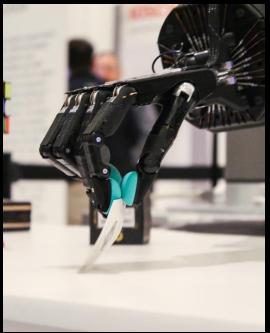


### Robust (and simple)

- Simple design
- Limited capabilities

Image source (from left to right):

- Hand-E Adaptive Gripper, https://www.universal-robots.com/media/1808165/product-picture.jpg
- Franka Emika Hand: https://wiredworkers.io/product/franka-emika-hand/





#### **Dexterous**

- Highly biomimetic
- Fragile

Image source (from left to right):

- Shadow Dexterous Hand: https://www.shadowrobot.com/dexterous-hand-series/
- Xu, Z., & Todorov, E. (2016). Design of a highly biomimetic anthropomorphic robotic hand towards artificial limb regeneration. *Proceedings - IEEE International Conference on Robotics and Automation*, 2016-June, 3485–3492. https://doi.org/10.1109/ICRA.2016.7487528



### The challenge for an anthropomorphic hand



#### **The Problem**



Conventional robotic grippers lack versatility



Humanoid robotic hands are **expensive** and complex



Humanoid robotic hands are **complicated** and require programming expertise

#### **The Desired Solution**



#### **Versatile & Dexterous**

One universal robotic hand for a large range of use-cases with different grasp types and re-orientation motions



#### **Cost-Efficient**

Simplified joint design optimized for easy and cost-effective fabrication



#### Easy-to-use

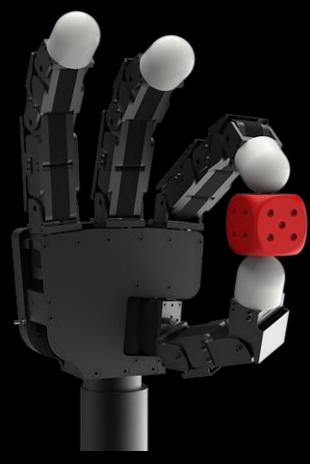
Reduced programming effort by using gesture-based control



### Motors in Joints



Allegro Hand



https://www.wonikrobotics.com/research-robot-hand

#### Schunk SVH Hand

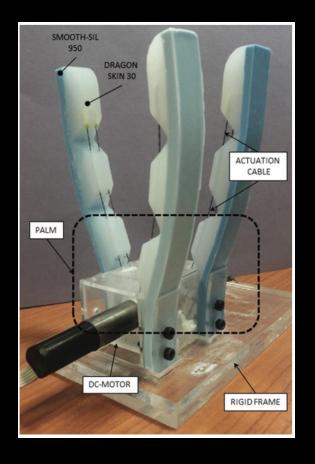


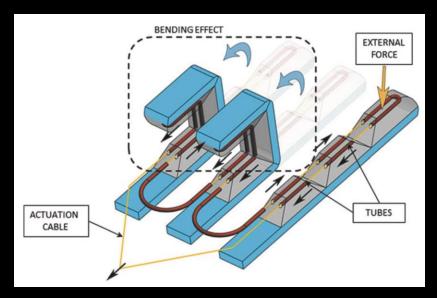
https://schunk.com/us/en/gripping-systems/special-gripper/svh/c/PGR\_3161

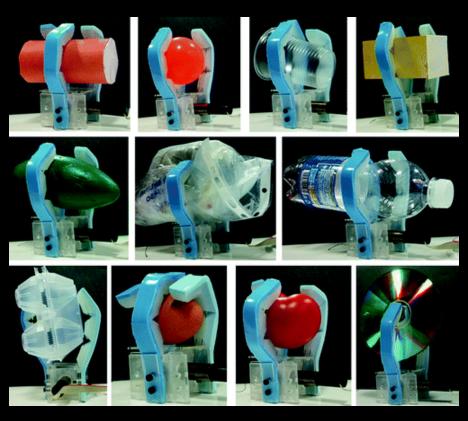


# Tendon Driven – Grasping









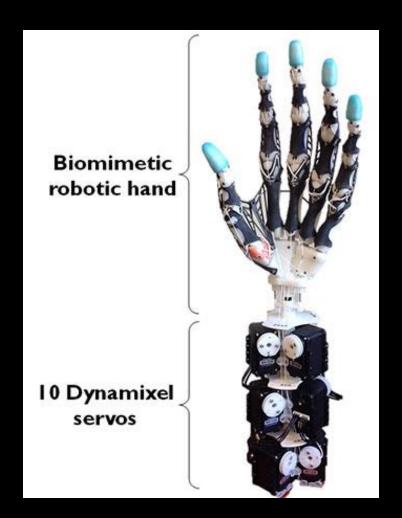
M. Manti, T. Hassan, G. Passetti, N. D'Elia, C. Laschi, and M. Cianchetti, "A Bioinspired Soft Robotic Gripper for Adaptable and Effective Grasping," *Soft Robotics*, vol. 2, no. 3, pp. 107–116, Sep. 2015, doi: 10.1089/soro.2015.0009.



### Tendon Driven Actuation – Design Principles



- Tendon
  - Extensible or in-extensible
- Routing
  - Channels guiding the tendon
- Power source
  - Electric motor
    - Battery
    - Tethered



Zhe Xu and E. Todorov, "Design of a highly biomimetic anthropomorphic robotic hand towards artificial limb regeneration," 2016 IEEE International Conference on Robotics and Automation (ICRA), Stockholm, Sweden, 2016, pp. 3485-3492, doi: 10.1109/ICRA.2016.7487528

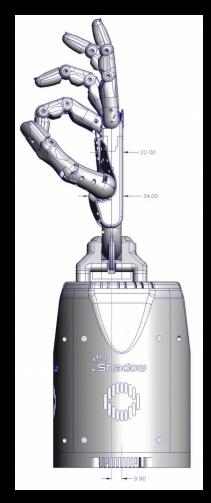


### Pin Joint Type





Weiner, P., Starke, J., Hundhausen, F., Beil, J., & Asfour, T. (2018). The KIT Prosthetic Hand: Design and Control. *IEEE International Conference on Intelligent Robots and Systems*, 3328–3334. https://doi.org/10.1109/IROS.2018.8593851



Shadow Dexterous Hand: https://www.shadowrobot.com/dexerous-hand-series/

#### Pin

- Classical approach
- Breaks on overstress
- Difficult manufacturing



### Flexure Joint Type







#### **Flexure**

- Simple manufacturing
- Low Friction
- Prone to wear
- Low cost if injection molded

Images source (from left to right):

- Tavakoli, M., Batista, R., & Sgrigna, L. (2016). The UC softhand: Light weight adaptive bionic hand with a compact twisted string actuation system. *Actuators*, *5*(1). https://doi.org/10.3390/ACT5010001
- Yale OpenHand Model Q, https://www.eng.vale.edu/grablab/openhand/images/hand%20-%20g.png



### Examples of Flexure-based Joint Designs for Fingers

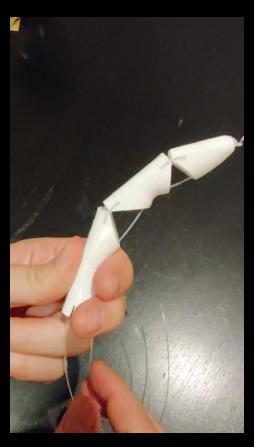




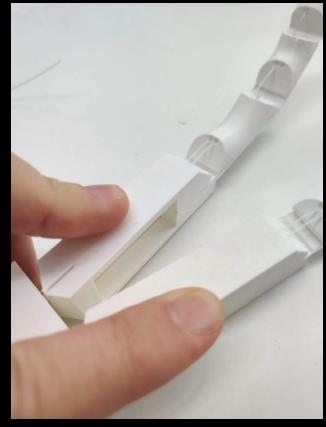
Flexure joint using polypropylene sheets



Individual finger design



Refined geometries



Two finger gripper with added adduction/abduction

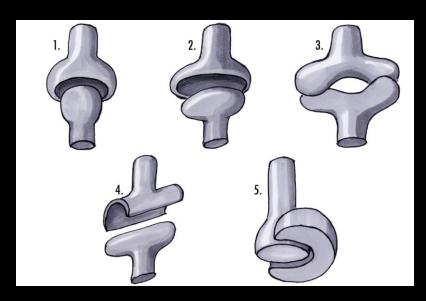
Lauener et al. 2022



## Joint Type: Synovial







https://en.wikipedia.org/wiki/Ball-andsocket\_joint#/media/File:Gelenke\_Zeichnung01.jpg

### **Synovial**

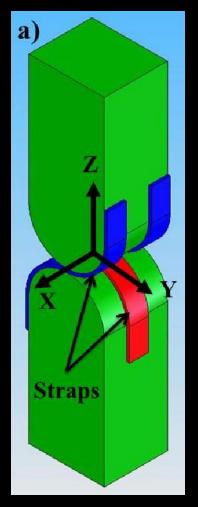
- Difficult to build
- Biomimetic
- Dislocate instead of breaking
- Potentially high cost

Xu, Z., & Todorov, E. (2016). Design of a highly biomimetic anthropomorphic robotic hand towards artificial limb regeneration. Proceedings - IEEE International Conference on Robotics and Automation, 2016-June, 3485–3492. https://doi.org/10.1109/ICRA.2016.7487528



### Joint Type: Rolling Contact





Slocum, A.H. (2013). Rolling contact orthopaedic joint design.



Kim, Y.-J., Yoon, J., & Sim, Y.-W. (2019). Fluid Lubricated Dexterous Finger Mechanism for Human-Like Impact Absorbing Capability. *IEEE Robotics and Automation Letters*, 4(4), 3971–3978. https://doi.org/10.1109/LRA.2019.2929988

### **Rolling Contact**

- Low friction
- Dislocates instead of breaking



# Contact Rolling Joint: Existing design



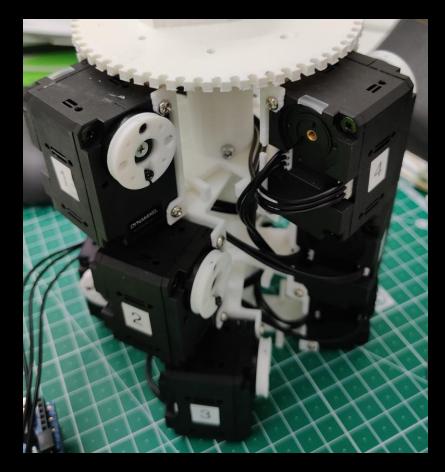


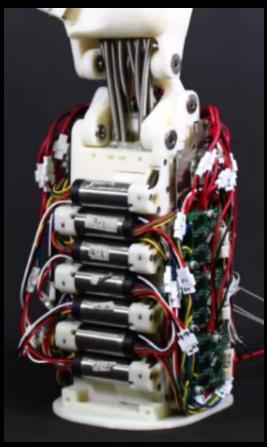
FLLEX Hand Ver. 2: Robustness and Payload Test, https://www.youtube.com/watch?v=cZuzXdMyJsA



## Electromagnetic Motor-based Actuation







#### **Servo Motor**

- Controlling easier
- Inexpensive
- Efficient
- Bulky for actuating many DOF

1. SRL's test bench

2. FLLEX Hand Ver. 2: Robustness and Payload Test, <a href="https://www.youtube.com/watch?v=cZuzXdMyJsA">https://www.youtube.com/watch?v=cZuzXdMyJsA</a>



### Fluidic Actuation Types





Stefan Weirich, Development of a Biomimetic, Soft Actuator System for a Tendon-driven Hand, 2021 (at SRL)



Artificial Muscles Robotic Arm, Real Copy of Human Arm, https://www.youtube.com/watch?v=gd9d\_BAXWvg

#### **Pneumatic**

- Compliance by compressible air
- Equipment intensive

### Hydraulic

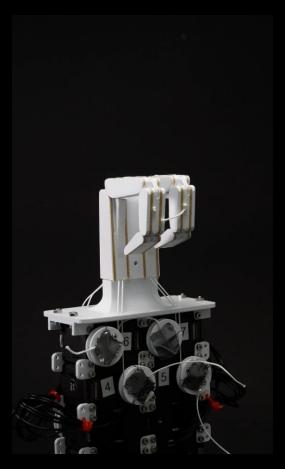
- Stronger than pneumatic
- Difficult plumbing



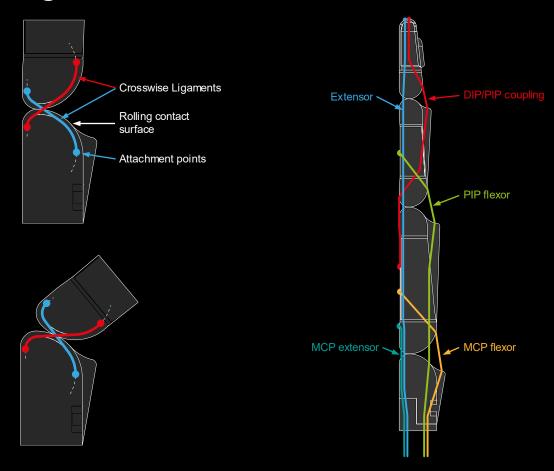
## Finger Design



#### **Dexterity**



### **Ligaments & Tendons**

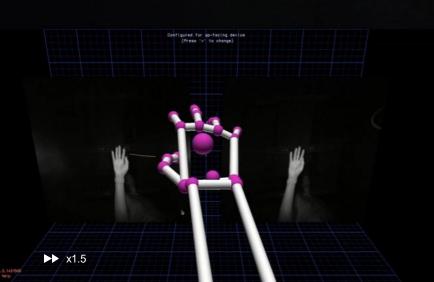


**Soft**Robotics

Schüunke, M., Schulte, E., Schumacher, U., Voll, M., and Wesker, K. (2005). Prometheus: Allgemeine Anatomie und Bewegungssystem. LemAtlas der Anatomie. Thieme, Stuttgart, 4 edition.

## Actuation, Sensing and Control

- Dexterous 16-20 DoF
- High Payload 10 kg
- Lightweight 1 kg
- Compliance
- Integrated Sensing





## Potential Applications of an Anthropomorphic Hand





### Detailed Comparison of Anthropomorphic Hands

















**Product** 

Cost-Efficient

Compliance

ShadowRobot (UK) [1]

72.000 - 190.000 €

Schunk SVH (Germany) [2]

56,000 €

No

Clone Inc. (Poland) [3]

7 kg

QB SoftHand (Italy) [4]

7.500 – 9.000 €

Allegro Hand (Korea) [5]

Robotiq 3-finger Gripper (Canada) [6]

No

10 kg

faive robotics [7]

Versatility /Dexterity (DoF, actuators)

Electric motors

hydraulic McKibben actuators

Electric motors

Yes

2 kg

0.77 kg

control.

No independent finger

No complex motions or

in-hand manipulation

No

DC motors

1.09 kg

Unreliable,

No compliance

15.000€ 20.000€

Electric motors

10 kg

21 DoF 17 DC Motors

1 kg

Weight

Limitations

**Payload** 

Highly dexterous but very

expensive,

High weight

Low Usability

Entirely rigid

4.3 kg

Dexterous but very expensive,

1.3 kg

time)

Only produced on demand (4 Months lead

System complexity

Develops entire torso system,

Limited mobility due to hydraulics

Aims to be commercially available in 2023

Bulky dimensions,

Limited grasping motions and functionality



https://robotig.com/de/produkte/adaptiver-3-finger-robotergreifer

https://schunk.com/us/en/gripping-systems/special-gripper/svh/c/PGR 3161

https://www.wonikrobotics.com/research-robot-hand

### Tendon Driven – Key Takeaways



#### **Advantages:**

- High force transmission
- Electromagnetic motors are efficient
- Volume of force generation and action do not need to be the same
- Mimics biological musculoskeletal systems

#### **Disadvantages:**

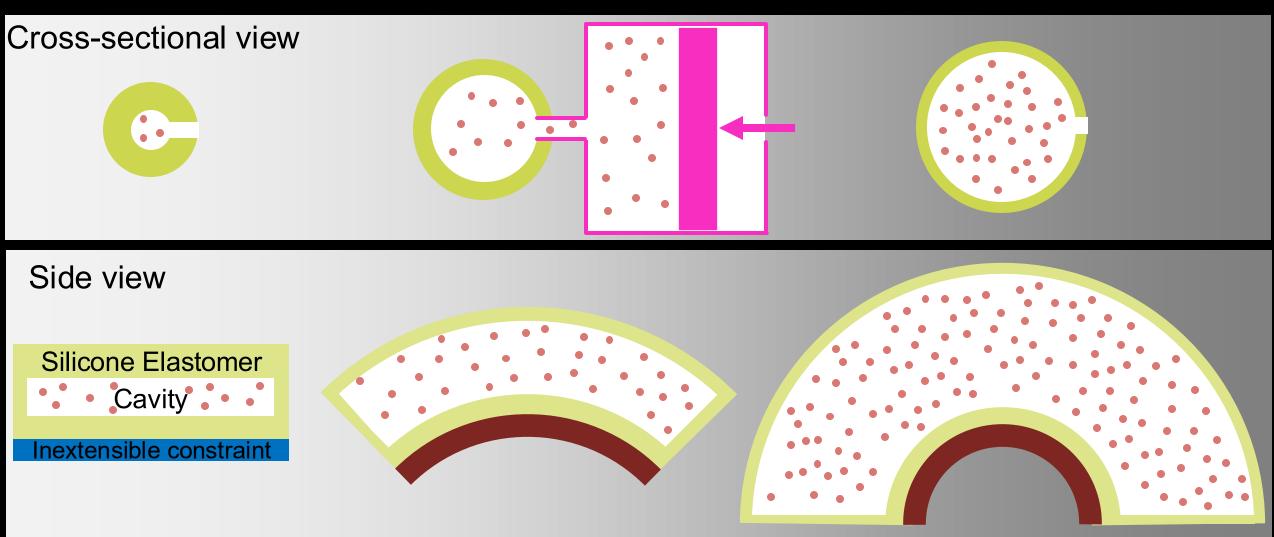
- Friction at joints
- Routing difficult for complex systems
- Rigid attachment points in soft structure
- Rigid motor needed



27

# Working principle of a fluidic-powered soft actuator: constraints and pressurization

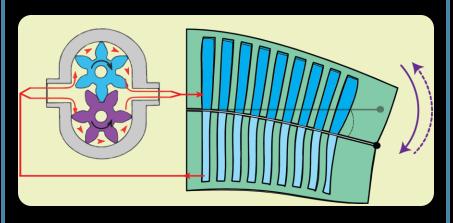




# Soft actuators can be powered by displacement pumps, pneumatic cylinders, or valve arrays



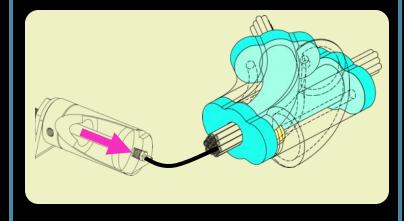
### Displacement pump





Katzschmann et al., ISER (2014) Katzschmann et al., IROS (2016)

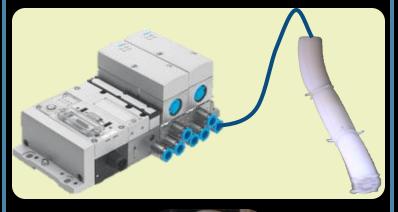
### Pneumatic cylinder





Marchese, Katzschmann, Rus, IROS (2015)

### Valve Array





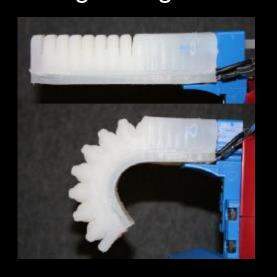
Katzschmann\*, Della Santina\*, Toshimitsu, Bicchi, Rus, RoboSoft (2019)



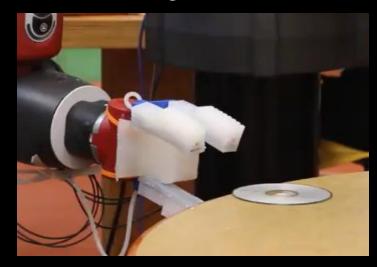
# From making contact to manipulation: Multi-finger hand with inlaid strain + force sensors

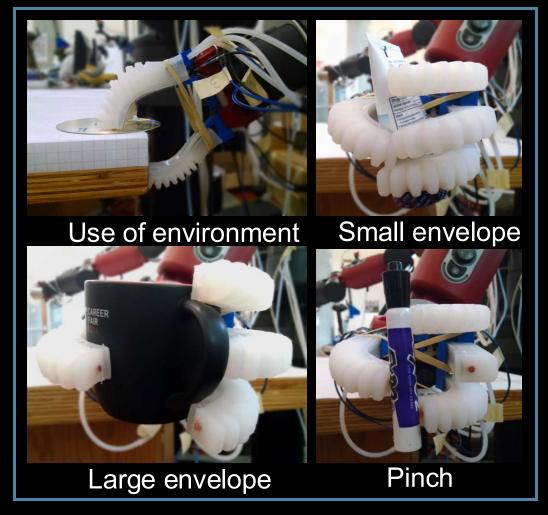


Bending through inflation



Sliding off table



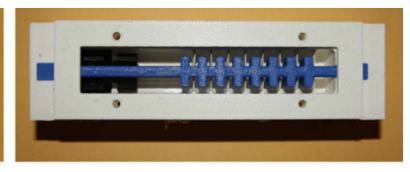




### Bend and force sensor in finger



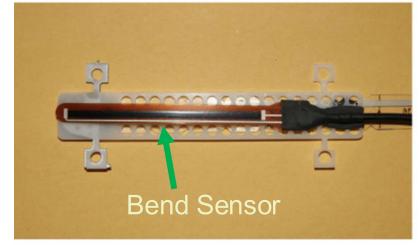




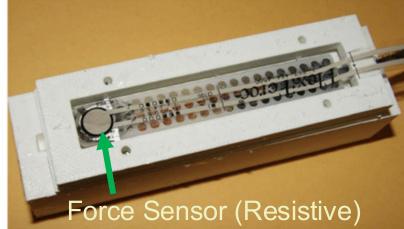
(a) Wax core model

(b) Base finger mold

(c) Mold assembly for finger base



(d) Constraint layer



(e) Top mold for constraint and sensor



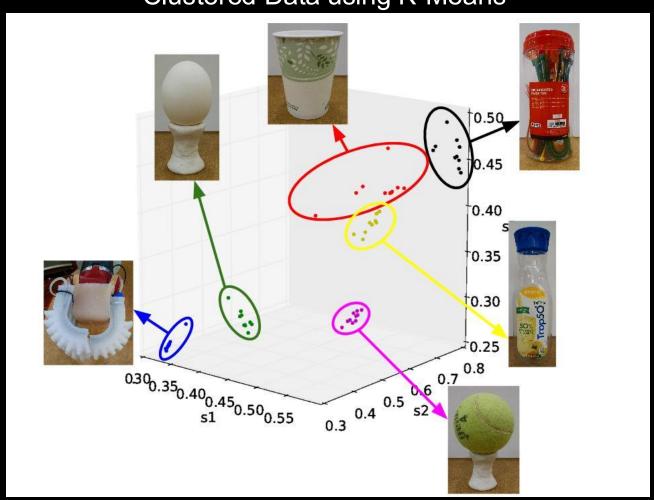
**(f)** Insert part



### Gripper identifies objects in hand through proprioceptive sensors



#### Clustered Data using K-Means



#### Objects tested





# Guide the gripper to make contact before lifting



Actuation

Base only













#### Pin (+ Tendon)



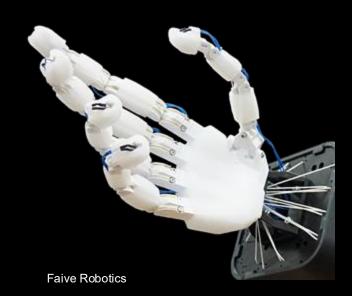
Weiner et al. 2018

#### Flexure (+Tendon)



Yale OpenHand Model Q

#### Rolling Contact (+Tendon)



Motor in Joint



Wonik Robotics Allegro hand

#### Synovial (+Tendon)



Xu et al. 2016

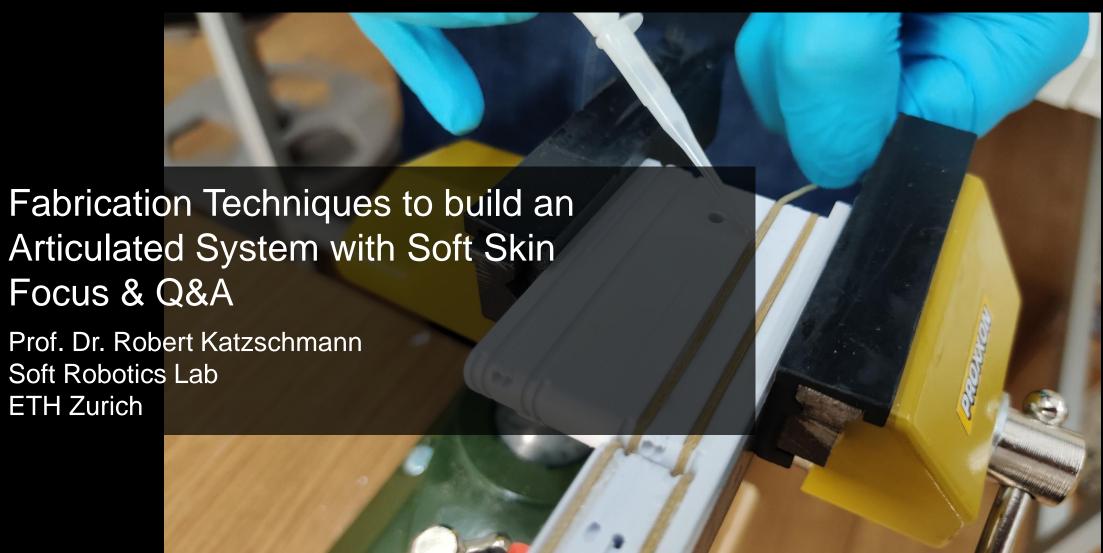
#### Soft Fluidic



Truby et al. 2019



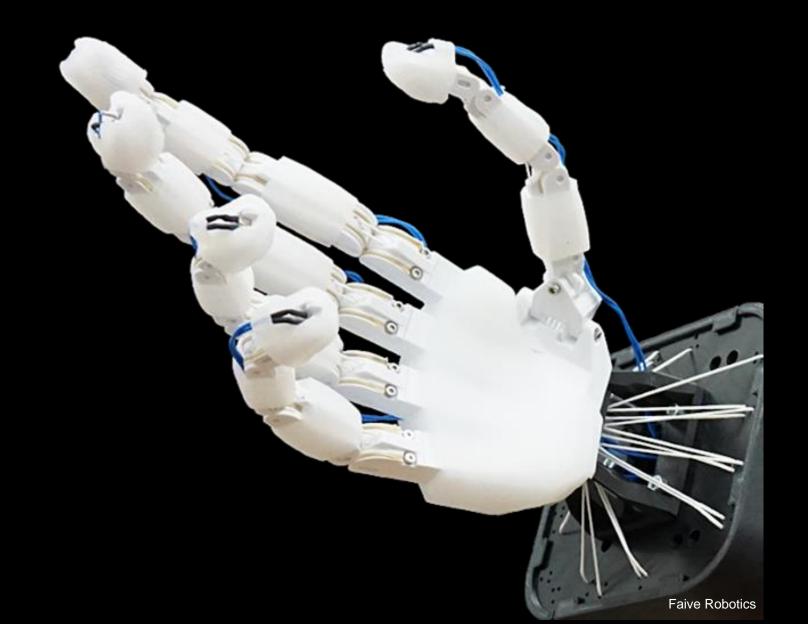




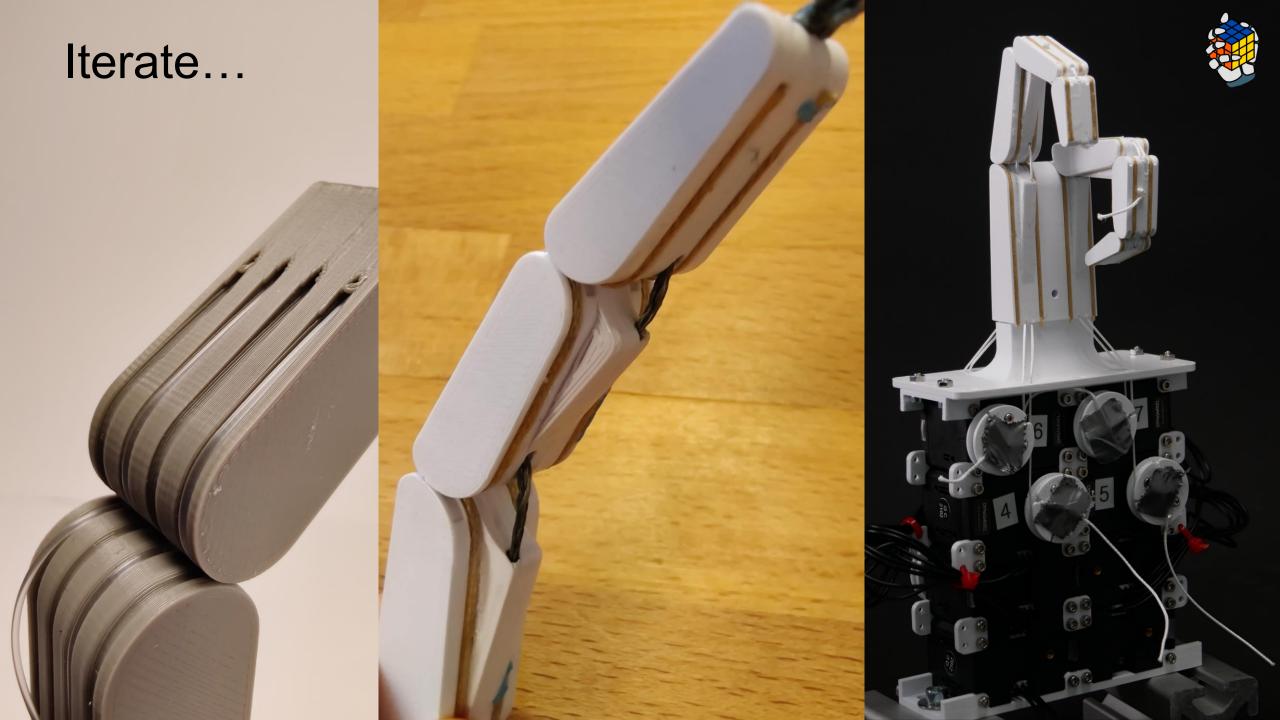


# How to make a hand?









#### Summary of Fabrication Techniques for Robotic Hands



**Machining** 



**Casting / Molding** 



**Joining** 



**Additive Manufacturing** 









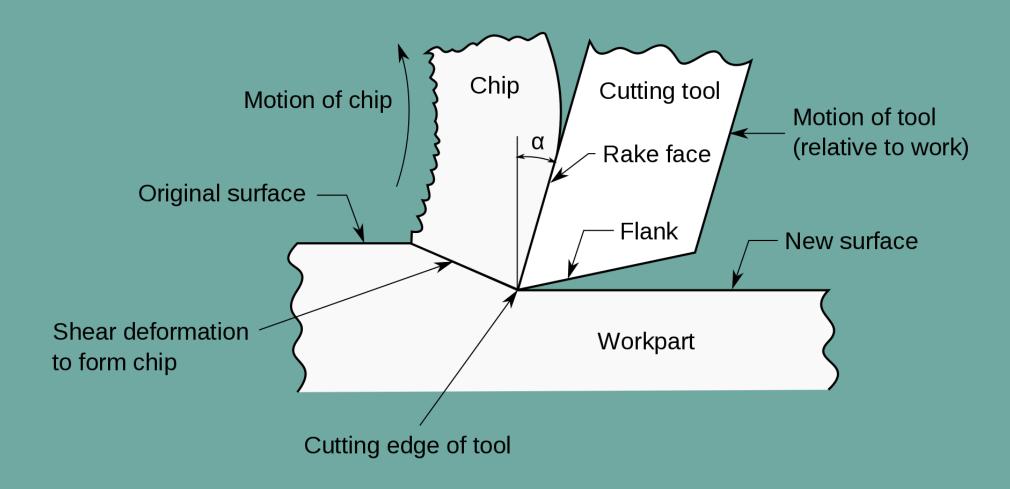
# Machining

A material is cut to a desired final shape and size by a controlled material-removal process



#### Machining - Principle





Machining, Wikipedia



## Drilling

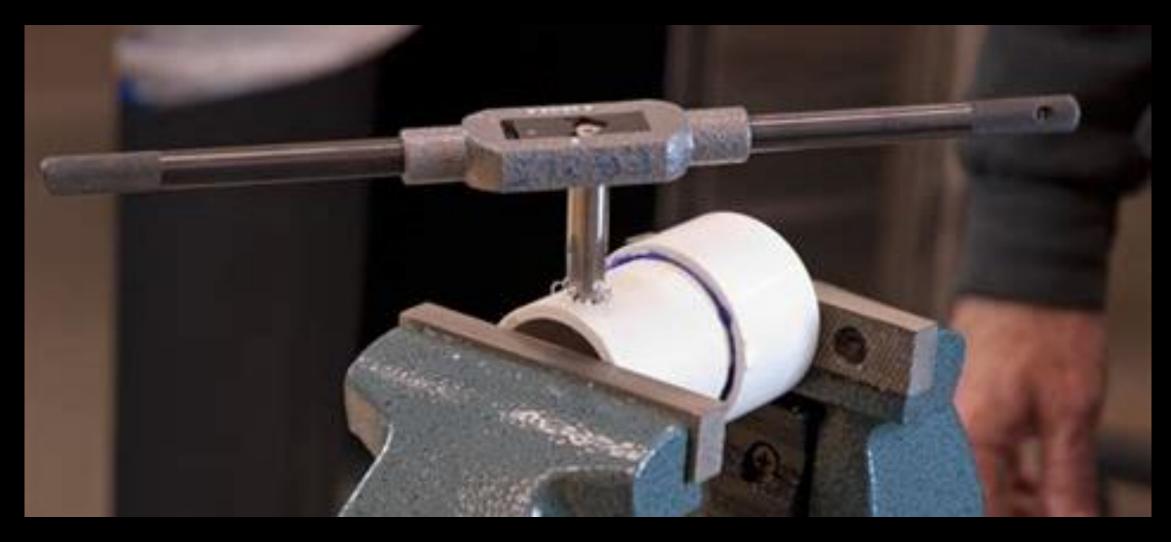






## Tapping

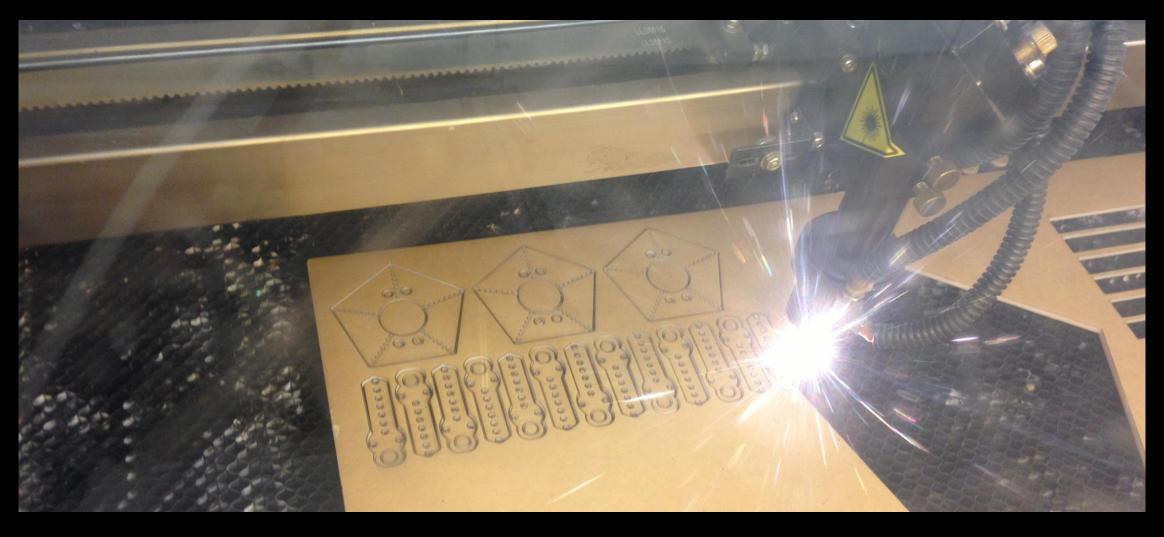






## Laser Cutting







## Water Jet Cutting







### Milling







## Turning











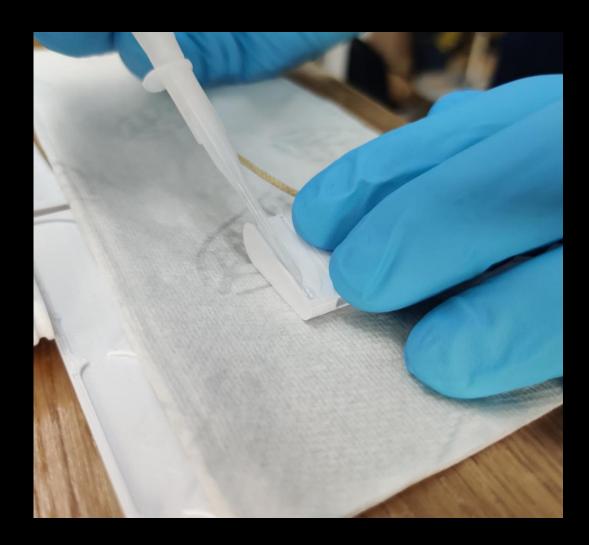
# Joining

Two or more materials can be permanently or temporarily joined or assembled together with or without the application of external element to form a single unit



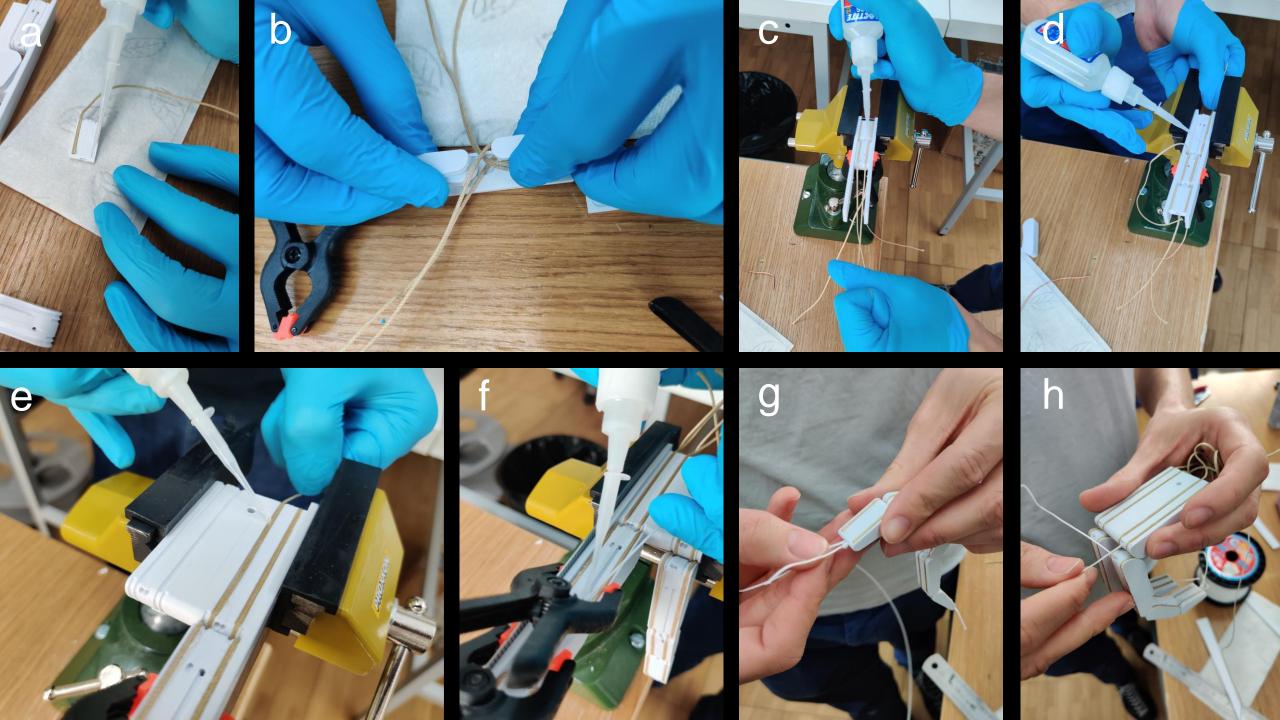
### Adhesive Bonding











#### Fastening

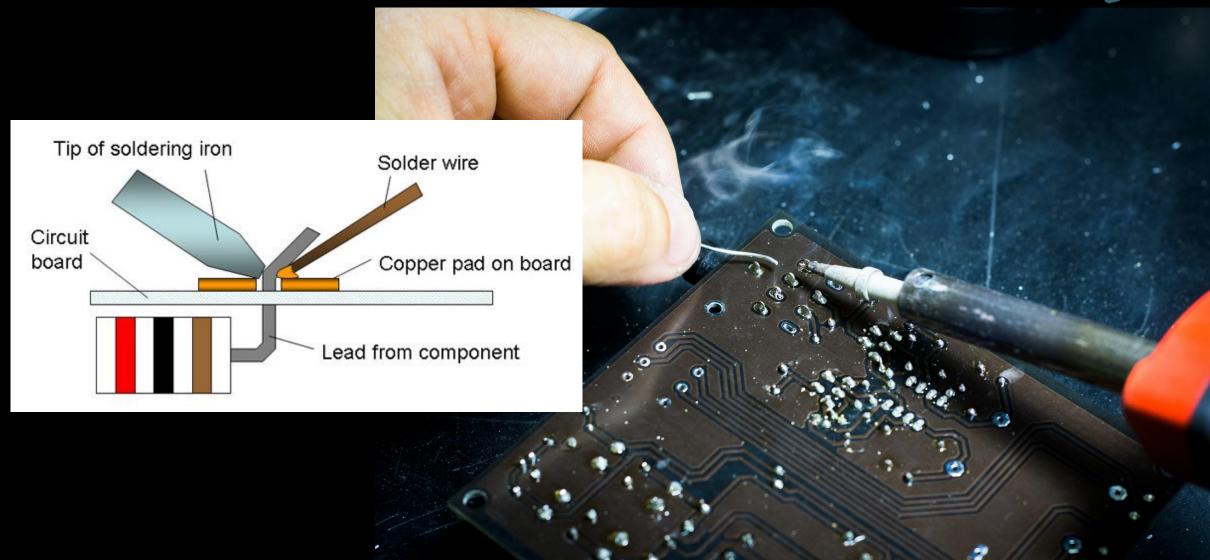






#### Soldering











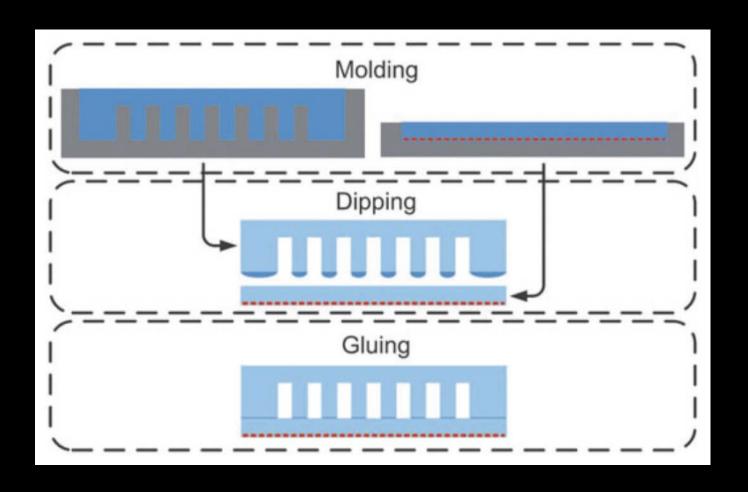
# Casting and Molding Techniques

Fabricating or replicating structures using (elastomeric) stamps, molds, and masks



#### Layer-by-layer Molding of Silicone Elastomer (Soft Lithography)





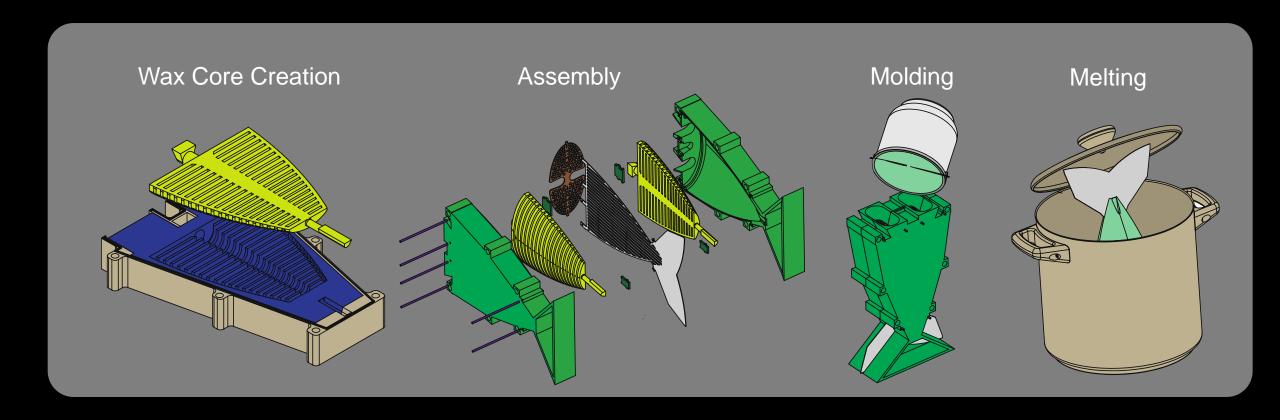
Each layer is casted and cured in separate molds.

Cured layers are removed and joined using a thin layer of uncured elastomer as glue.



# Lost-wax casting to produce interior cavities in molded elastomer materials



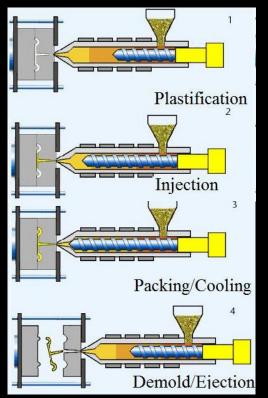




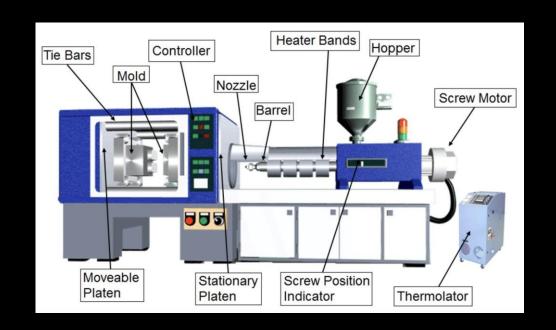
#### Injection molding of molten materials

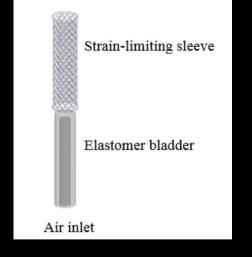


A manufacturing process for producing parts by injecting molten material (thermoplasts) into a mold



Injection molding process





The structure and components of injection molding machine

Example: Pneumatic actuator fabricated using injection molding

Li, Wanying. "Fabrication of soft robotic actuators by using injection molding technology." (2017).

Cho, Kyu-Jin, et al. "Review of manufacturing processes for soft biomimetic robots." International Journal of Precision Engineering and Manufacturing 10.3 (2009): 171-181.



#### Coating of Electrostatic Actuators











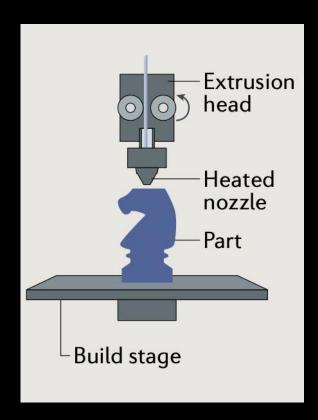
# 3D Printing Technologies

A subset of additive manufacturing that creates 3D objects from design files through the digitally controlled deposition of material layers



#### Fused Deposition Modeling (FDM)





The working principle: A solid thermoplastic filament is extruded through a heated nozzle to melt, deposit, and fuse the material.

The head moves in 2D to deposit one horizontal plane at a time; the build stage or the print head is then moved vertically by a small amount to begin a new layer.

The reliance on melting and cooling processes limits the use of FDM to thermoplastic polymers.

The most successful FDM material for soft robotics is the Ninjaflex family of thermoplastic polyurethanes, which can withstand strains above  $\gamma_{ult} > 500\%$  with a Young's modulus E  $\approx$  10 MPa.

**Approximate deposition rate:** 10<sup>5</sup> mm<sup>3</sup> h<sup>-1</sup>

Approximate resolution: 100 µm



#### FDM Example: Hydra MK1 – developed at the Soft Robotics Lab





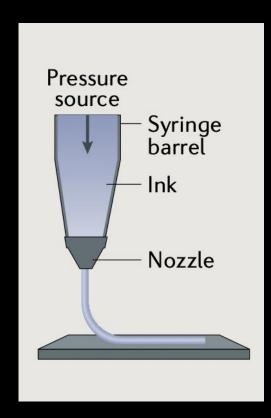
- The Hydra MK1 is an open-source project that aims to bring multimaterial printing of exotic materials to research facilities and individuals worldwide.
- It features a tool swapper that can switch between up to four tools.
   In the standard configuration, it uses two filament printing heads, and two pellet extruders.
- Detailed documentation:

https://hydramk1.readthedocs.io/en/latest/



#### Direct Ink Writing (DIW)





**The working principle:** A viscoelastic ink flows through a nozzle. Upon deposition, the ink solidifies into a solid object.

A pressure source forces a liquid ink of a polymeric precursor above the yield stress, allowing it to be selectively deposited through a nozzle.

Once extruded, a sudden stress reduction, phase change, solvent evaporation, polymerization (either continuous or initiated in response to external stimuli) or combination thereof restrains the deposited material into a specific shape.

The solidification process competes with the gravitational fluid flow, 'wetting-out' and self-levelling tendencies of the ink and must be properly balanced to ensure shape retention and interlayer adherence.

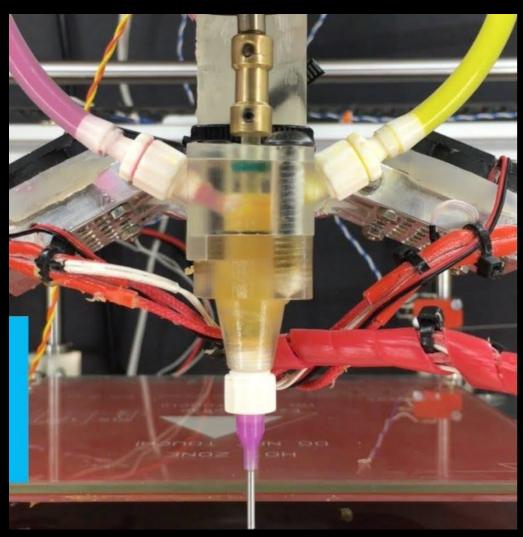
**Approximate deposition rate:** 10<sup>5</sup> mm<sup>3</sup> h<sup>-1</sup>

Approximate resolution: 1-100 µm



#### Direct Ink Writing with Two Part Silicone Elastomer



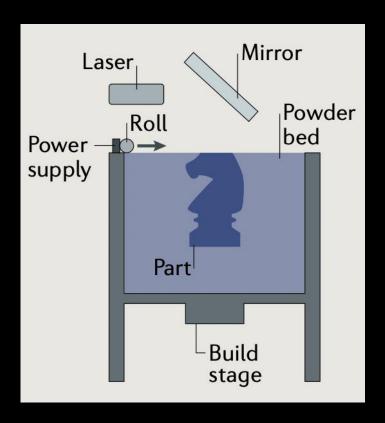


Two soft uncured components are mixed with a drill head and then extruded through a nozzle to deposit the material.

Yirmibesoglu et al. "Direct 3D printing of silicone elastomer soft robots and their performance comparison with molded counterparts." 2018 IEEE International Conference on Soft Robotics (RoboSoft). IEEE, 2018.

#### Selective Laser Sintering (SLS)





The working principle: A bed of solid, thermoplastic powder is selectively heated by a scanning laser. This irradiation causes localized melting and fusion of the material. Powder is then cast to recoat the bed, and the process is repeated. This technique is also called 'selective laser melting' when thermoplastic polymers are printed.

SLS requires a thermoplastic material in the form of a powder with narrow size distribution and homogeneous morphology to promote a uniform, dense powder bed.

Moreover, the temperature fields must maintain an appropriately sized melt pool in order to fully melt and fuse the material without distorting previously printed geometries.

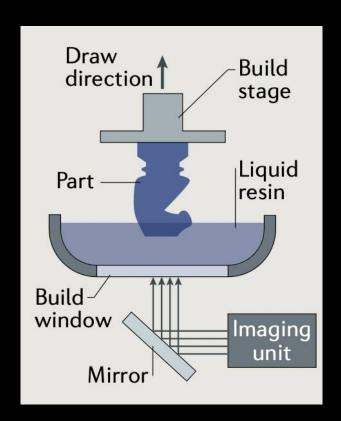
**Approximate deposition rate:** 10<sup>6</sup> mm<sup>3</sup> h<sup>-1</sup>

Approximate resolution: 100 µm



#### Stereolithography (SLA)





The working principle: A bath of liquid photopolymer is selectively exposed to light (through either a scanning laser or a projected photo pattern). The liquid resin polymerizes into a solid layer in response to photoirradiation. The object is then translated, liquid recoats the interface and the next layer is similarly exposed.

Synthesis in a dense medium provides buoyant forces capable of supporting soft, compliant structures, which is particularly useful for the printing of thin, overhanging structures.

The free-radical polymerization of acrylates and the cationic polymerization of epoxies provide the basis of many SLA resins.

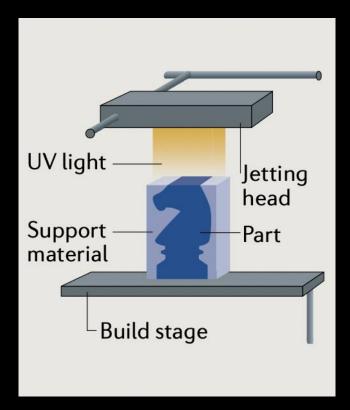
**Approximate deposition rate:** 10<sup>6</sup> mm<sup>3</sup> h<sup>-1</sup>

Approximate resolution: 1 µm (microsystem-based), 50 µm (projection-based)



#### Inkjet Printing





The working principle: Small droplets of liquid ink are simultaneously ejected from print heads. These droplets then solidify on the surface, often in response to light or heat. Jetting and solidification are iteratively repeated until the entire object is built.

Multiple nozzle heads can jet millions of droplets of different inks within seconds and at the same time maintain a lateral resolution on the order of 50 µm.

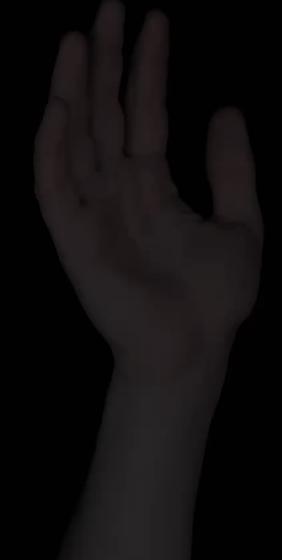
Mainly the flexible urethane-acrylate Tango series of materials (E  $\approx$  0.7 MPa and  $\gamma_{ult} \approx$  270%), commercially available from Stratasys, has been used for soft robotic devices.

Limitation: limited viscosity range of ink

Approximate deposition rate: 5x10<sup>5</sup> mm<sup>3</sup> h<sup>-1</sup>

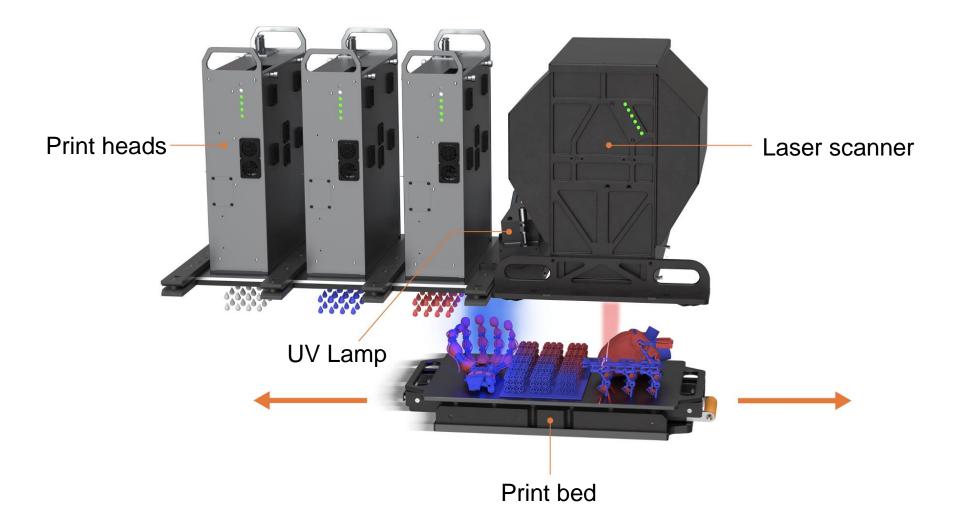
Approximate resolution: 50 µm







#### Vision Controlled Jetting: Contactless 3D Inkjet Deposition



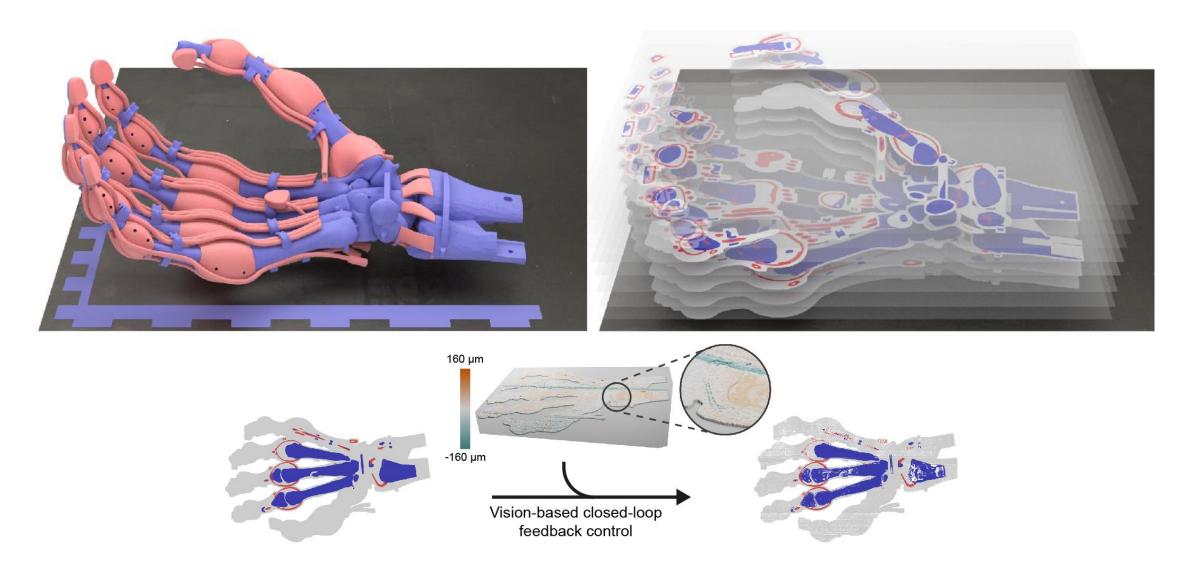






# PRINT HEAD







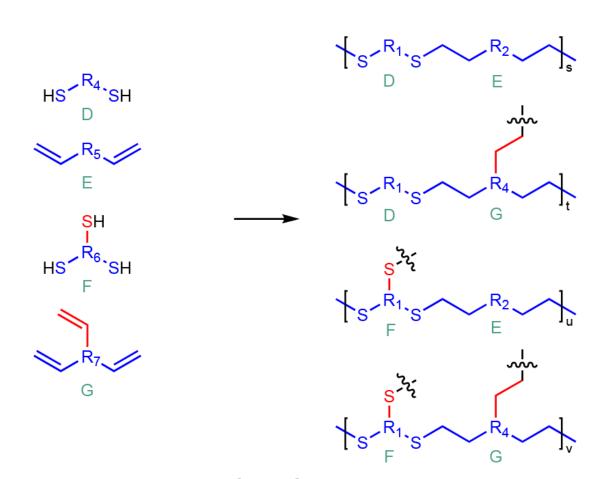


#### Steph-growth polymer (Thio-lene, Epoxy, ...)

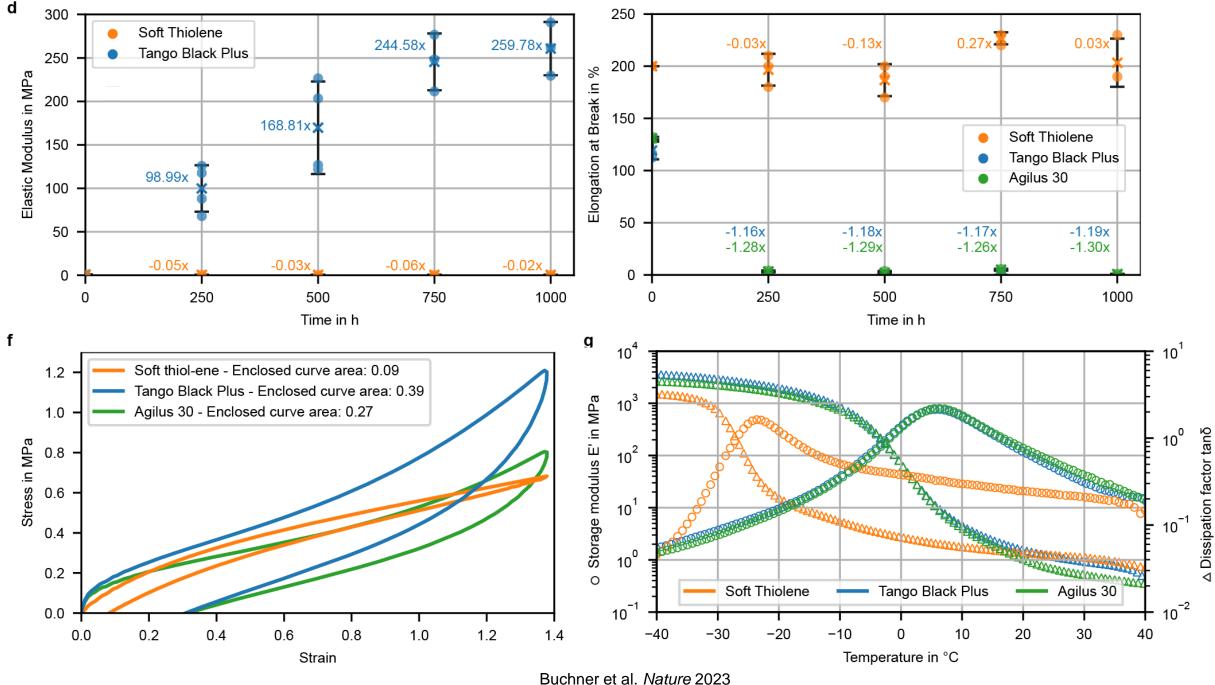
#### **Acrylate**

$$\begin{array}{c} & & & & \\ & & & \\ & & & \\ & &$$

Chain Growth
Random and irregular distribution of monomers



Step Growth
Regular backbone and crosslinking



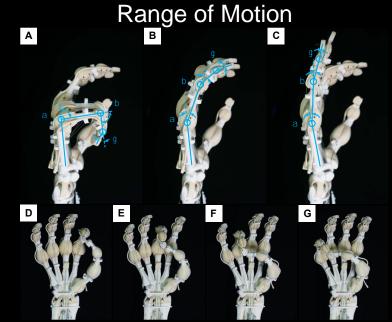


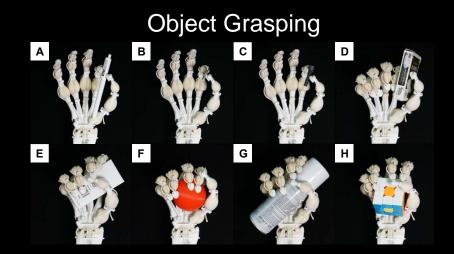


#### In Ed Athor Mb Kibben actuators















# Summary

Machining, Joining, Casting, and 3D Printing



#### Fabrication Techniques for Robotic Hands





#### Machining

- 1. Drilling
- 2. Tapping
- 3. Laser cutting
- 4. Water jet cutting
- 5. Milling
- 6. Turning

. . .



#### **Joining**

- 1. Adhesive Bonding
- 2. Fastening
- 3. Soldering

. . .



#### **Casting / Molding**

- 1. Soft Stereolithography
- 2. Lost Wax Molding
- 3. Injection Molding



#### **3D Printing / Additive Manufacturing**

- 1. Fused deposition modeling (FDM) Fused filament fabrication (FFF)
- 2. Direct Ink Writing (DIW)
- 3. Selective Laser Sintering (SLS)
- 4. Stereolithography (SLA)
- 5. 3D Inkjet printing

• • •



#### Open To Dos



- 1. Determine who in your team is responsible for the key to the workshop room
- 2. Start building your hands
- 3. Get access to the 3D printers
- 4. Hardware checkup will be soon
- 5. Please always scan for attendance.
- 6. Please set yourself up on Slack.
- 7. Please ask questions on Slack channels; do not use direct messages.
- 8. Please provide feedback to us about your experience in the course (in person or on Slack).

